

**About the training:
The learning environment
and the cost include:**

Lectures
Demonstrations
Class manual
Practicum
Supervision
Evaluation
Coaching
Conference calls
Triads
Practice sessions
Group email

Class time:
Saturday and Sunday
9:30 am to 5:00 pm

**Certification upon
completion of Level Two**

Tuition
\$3,500

\$3,300 if paid in full by
April 15, 2019
Payment plan available

Location:
**The Link Counseling
Center,
Sandy Springs, GA**

**The program is designed for
YOU!**

Medical Doctors,
Chiropractors,
Physio-therapists,
Massage Therapists
Psychologist/Psychotherapists
Registered Nurses,
Reiki Practitioners, and
whomever is interested in
learning the
21st Century Medicine

Integrative Energetic Medicine

Level One – Awakening The Healer Within -130 hours

Module One

Weekend Introduction – January 25-26, 2020
Presence, vulnerability and the innocence of not knowing
Meditation and spiritual practices
History of Energy Medicine
Introduction to Integrative Energetic Medicine (I.E.M.)

Anatomy Of The Human Energy Field (HEF)
The Chakra System and the Heart
Coaching Calls – Q & A
Practice Time

Module Two

Weekend Training – February 22-23, 2020
Presence, Awareness, Intuition, Symbolology, Spiritual Contract

Assessment Technique practicum
Keen sense of the obvious
Spiritual Sight
Kinesiology
Scanning
Introduction to Chakra Deviations and Psycho-spiritual tendencies

Assessing and Charting Chakra Deviation
Coaching Calls – Q & A
Practice Time

Module Three

Weekend Training- March 28-29, 2020
Corrections of the Distortions and Depletions
Spirit Attachment Removal, Field Offsets
Energetic Spinal Spikes
Trauma Fields
Coaching Calls – Q & A, Practice Time

Module Four

Weekend Training – April 25-26, 2020
ISEH
The Lymphatic System
Clearing the Energetic Lymphatic Flow
Chelation
Energetic Chelation Technique
Resetting the Chakras
Coaching Calls – Q & A
Practice Time

Module Five

Weekend Training – May 30-31, 2020
The Seven Rays Spiritual Healing
Remote Healing
Supervision/Evaluation
Coaching Calls – Q & A
Supervision/Evaluation Practices

Module Six

Weekend Training – June 27-28, 2020
Review and Practices
Supervision/Evaluation
Graduation – Certification of Completion

To register:
678.570.4373
fpoulin51@gmail.com

The Teachers



Dr. Fernand Poulin,
founder and director of
WhiteWinds Institute, is
a dedicated

international educator of over 37 years
in the field of Energy Medicine, and
spiritual teacher of meditation. At the
age of 24, Fernand experienced an
awakening in which he began to see
colors and patterns of energy around the
human body. Fernand brings a
comprehensive synthesis of physical,
psycho-spiritual and energetic healing
to his students, patients and leaders.



Bailey Pendergrast has
been a nurse for 32 years. She began
her journey at WhiteWinds in 2010 as a
student of Integrative Energetic
Medicine and went on to become an
assistant in teaching the course for 4
years. Bailey has used IEM in her work
as a nurse on patients and with private
clients. She has a heart-felt passion for
bringing IEM to the traditional western
medicine.



Heidi Wilson-Cartwright
is a Certified Integrative Energetic
Medicine practitioner, Pachakuti Mesa
Carrier, and Teacher. From a young age
Heidi knew she had enhanced intuitive
capabilities. After studying mediumship,
psychic development, and Angel
communication, Heidi entered
WhiteWinds Institute where after 2
years she became a certified
healer. She also spent a year as an
assistant to Dr Poulin.

IEM Level One – 2018 Registration Form

Name: _____

Address: _____

Phone: _____

Email: _____

Why are you choosing to enter this program?

Do you have any background in the health field? If yes, explain.

What are your desires by taking Level One?

Knowing that this program will deepen your experience of your self and enhance your spirituality, what concerns may you have being in a group situation?

Email your completed registration at: fpoulin51@gmail.com